



Autism Community Network

DIRFloortime® Hands-On Family Empowerment Course

D.I.R= Developmental, Individual Differenced, Relationship-Based

About DIRFloortime®

DIRFloortime® is both a developmental paradigm and a therapeutic technique developed by Child Psychiatrist Stanley Greenspan. The DIRFloortime® Model is founded upon the understanding that development occurs within the context of the caregiver-child relationship. It focuses upon the individual ways that children experience the world around them and upon their capacities to self-regulate, to share attention, to be reciprocal and to explore and learn.

Parents & Caregivers in the DIRFloortime® Hands-On Training Will:

- ❖ Take an active role in helping their child relate and communicate with others
- ❖ Support the development of sensory integration and social-emotional connectedness within the brain
- ❖ Identify the unique challenges and strengths of their child as it relates to the ability to process sensory information and to learn
- ❖ Fortify their relationship with their child
- ❖ Facilitate their child's intention and engagement to build the foundations for maximal emotional, sensory, motor, language and cognitive development

"I don't know where my son would be without Floortime...After much practice, support and input, the circles and other techniques of Floortime have become part of our lives...Floortime improved the quality of his life and ours. I think it is a great way to bond with our child and bring him out of his shell at the same time." --Melie, Charlie's mom

Who: parents, grandparents, aunts, uncles and foster to adopt parents of children up to eight years of age with autism spectrum disorder

When: The eight-week course will begin with a three-hour group caregiver workshop. Subsequent classes will be done individually with the parent and child on a weekly basis.

Where: Autism Community Network, 4242 Woodcock Dr, Ste 101, San Antonio, TX 78228

Cost: Individual sessions will be on a sliding fee scale based on family income—\$40 (full price) to \$10 (families on Medicaid)

Visit icdl.com for more information on The DIRFloortime® Model

For questions or to register, contact Marisol at (210) 435-1000 or visit

www.acn-sa.org.

Hablamos Español

ACN's Hands-On Family Empowerment Courses are made possible by

Updated 7/19/2016

