



Autism Community Network

## Sensory Processing Hands-On Family Empowerment Course

Sensory Integration is the process of taking in sensory information from our environment and using it in a functional manner. When our sensory systems do not process this information appropriately we may see problems in other areas.

Parents enrolled in this hands-on training will be empowered with the tools and strategies to:

1. Familiarize themselves with sensory processing disorder
2. Identify strengths and difficulties in their child's sensory system
3. Identify and decrease sensory-based meltdowns and behaviors
4. Prepare their child for the day
5. Develop an individualized sensory plan to meet the needs of a child

**Who:** parents, grandparents, aunts, uncles and foster to adopt parents of children up to eight years of age with an autism spectrum disorder

**When:** The first 3-hour Sensory Processing Hands-On Parenting Course will be in a group format. Subsequent classes will be done individually on a weekly basis

**Where:** Autism Community Network, 4242 Woodcock Dr, Ste 101, San Antonio, TX 78228

**Cost:** Individual sessions will be on a sliding fee scale based on family income—\$40 (full price) to \$10 (families on Medicaid)

**School Excuse:** Your child will not be counted absent. After each session, a school note will be provided that will excuse your child

To register or for questions, contact Marisol at (210) 435-1000 or visit  
[www.acn-sa.org](http://www.acn-sa.org).  
Hablamos Español

ACN's Hands-On Family Empowerment Courses are made possible by

Updated 7/19/2016

